

APRIL 2024

Maysville Public School

BREAKFAST



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This Institution is An Equal Opportunity Provider.



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

April Fool's Day

1

Waffles
Sausage Links or Cereal
or Cereal Bars
Fruit/ Milk/ Juice

Sausage Biscuits

2

w/cheese
Cereal or Cereal Bars
Fruit
Milk/Juice

French Toast w/cheese

3

Stick, & Bacon
Cereal or Cereal Bars
Fruit
Milk/Juice

HS- Pancake on Stick or

4

Tornados Elementary-
Breakfast Pizza or
Cereal or Cereal Bars
Fruit/Milk/Juice

Muffins w/Bacon

5

Go-Yogurt or
Cereal/Cereal Bars
Fruit
Milk/Juice

Fruit Pancakes w/
Bacon or Cereal/Cereal
Bars.

8

Fruit
Milk/Juice

Sausage, Egg, Cheese
Biscuit w/ Go-Yogurt
Cereal/Cereal Bars

9

Fruit
Milk/Juice

Omelet, Egg, Cheese,
Bacon w/Salsa
Cereal/Cereal Bars

10

Fruit
Milk/Juice

Breakfast Pizza
Yogurt Parfait
Cereal/Cereal Bars

11

Fruit
Milk/Juice

NO SCHOOL

12

Eggs, Bacon, Toast
Jelly/Butter
Cereal/Cereal Bars
Fruit
Milk/Juice

15

Chocolate or Blueberry
Muffins/ Go-Yogurt,
Cheese Stick
Cereal/Cereal Bars
Milk/Juice

16

Biscuits w/Gravy
Sausage Links
Cereal/Cereal Bars
Fruit
Milk/Juice

17

Breakfast Burritos
Go-Yogurt
Cereal/Cereal Bars
Fruit
Milk/Juice

18

Monkey Bread Muffins
w/Bacon
Cereal/Cereal Bars
Fruit
Milk/Juice

19

Scrambled Eggs,
Sausage Links, Potato
Rounds or
Cereal/Cereal Bars
Fruit/Milk/Juice

22

Ham, Cheese Biscuits
Go-Yogurt
Cereal/Cereal Bars
Fruit
Milk/Juice

23

Biscuit & Gravy
Casserole or
Cereal/Cereal Bars
Fruit
Milk/Juice

24

Breakfast Burritos
w/Hash browns
Cereal/Cereal Bars
Fruit
Milk/Juice

25

Muffins w/Cheese Stick
Cereal/Cereal Bars
Fruit
Milk/Juice

26

Biscuits & Gravy
Hash Browns
Cereal/Cereal Bars
Fruit
Milk/Juice

29

Smoke Sausage, Egg,
Burritos
Cereal/Cereal Bars
Fruit
Milk/Juice

30

