

JANUARY 2024

Maysville Public School

LUNCH



School Information: Kristy McGowen@ 405-867-5550 or mcgowenk@maysville.k12.ok.us
This Institution is An Equal Opportunity Provider.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

MONDAY

NO SCHOOL

1

TUESDAY

NO SCHOOL

2

WEDNESDAY

Steak Fingers
Potato Rounds
Veggie
Fruit
Milk

3

THURSDAY

Pull Pork Sandwiches
Chips
Pickle
Fruit
Milk

4

FRIDAY

Hamburgers
Fries
Pickle
Fruit
Milk

5

Chicken
Veggie
Fruit
Milk

8

Beef Chow-Mein
w/veggies
Fruit
Fortune Cookie
Milk

9

Veggie Soup
Hot Ham & Cheese
Sandwich
Fruit
Milk

10

National Milk Day
Chicken Pot Pie
w/veggies
Fruit
Milk

11

Burritos
Veggie
Fruit
Cheese Stick
Milk

12

NO SCHOOL

15

Chicken
Veggie
Fruit
Milk

16

Spaghetti W/Meatballs
Tossed Salad
Bread Stick
Fruit
Milk

17

Meatloaf
Mashed Potatoes
Veggie
Fruit
Milk

18

Corn Dogs
Chips
Veggie
Fruit
Milk

19

Fish Sticks
Cole Slaw
Hushpuppies
Homemade Tater Sauce
Fruit/ Milk

22

Mexican Chicken
Casserole
Rice
Veggie
Fruit/Milk

23

National Compliment Day
Pizza
Veggie/Fruit
Milk

24

Chili
Cornbread
Veggie
Fruit
Milk

25

Hamburgers
Chips
Veggie
Fruit
Milk

26

Steak Fingers
Fries
Veggie
Fruit
Milk

29

Grilled Chicken Wraps
Veggie
Fruit
Milk

30

Red Beans
Cornbread w/butter
Veggie
Fruit
Milk

31

